



PPHI SINDH NEWSLETTER

Volume: 3 | Quarter: 3

July - September 2025



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Overview

During the third quarter of 2025, PPHI Sindh sustained its strong role in providing primary health-care, improving maternal and child health services, expanding infrastructure, and enhancing disease prevention and nutrition programs across Sindh.

Service Delivery and Maternal Health

OPD Visits: 11.85 million (including 7.53 million new and 4.32 million follow-up cases).

Deliveries: 121,775 total; 114,769 Normal Vaginal Deliveries (NVDs) and 7,006 C-sections.

Antenatal Care (ANC): 214,352 new registrations; 735,279 repeat visits.

Family Planning: 329,385 clients served.
o 43,986 LARCs, 35,020 IUCDs, 128,812 injectables, 109,071 oral pills, 43,523 condoms, 8,966 implants.

Public Health Programs

Tuberculosis (TB): 235,455 suspected cases screened; 2,435 confirmed positive.

Nutrition Program

Screening: 1.72 million children under 5 screened for malnutrition.

OTP Program: 70,221 children admitted, with 96% cured rate.

Nutrition Stabilization Centers (NSC): 2,707 children treated for

severe acute malnutrition with medical complications.

Laboratory & Diagnostic Services

Total Lab Tests: 3.88 million tests

- Highest output from Mirpurkhas (31,305 tests).
- Ultrasounds: 327,629 conducted across districts.
- Blood Services: 3,730 blood donor matches and 106 transfusions for Thalassemia patients.

Repair & Renovation

- Projects: 45 schemes launched (30 in progress, 13 under tender, 2 completed).
- Budget Allocation: Rs. 644.1 million (Rs. 62.5 million released).

Training, Monitoring & Capacity Building

- Trainings Conducted: 77 sessions with 2,073 participants across 6 regions.
- Monitoring Visits: 30,943 visits at regional and district levels.

Key Focus: Quality assurance, timely reporting, and performance accountability.

Partnerships & Strategic Engagement

Collaborations: Continued engagement with World Bank, UNICEF, and AKU.

- **AI-Enabled Ultrasound Initiative:** In partnership with CERP and supported by the

Gates Foundation to deploy 20 devices in underserved districts.

Key Events & Activities

Health Camps & Screenings: Including mammography and outreach programs.

Policy Dialogues: On maternal nutrition, UHC, and polio eradication.

CEO-Led Reviews: Conducted at headquarters and regional levels to improve operational efficiency.

Health Carnival 2025: Active participation with JSMU and JPMC at Maritime Museum, Karachi.

Overall Impact

PPHI Sindh continues to strengthen its position as a leading public health implementer in Sindh. The organization's commitment to maternal and child health, data-driven planning, infrastructure expansion, and inter-agency partnerships reflects measurable improvements in service delivery, transparency, and public trust.

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QUARTER'S PROGRESS AT A GLANCE



TOTAL OPD
11,854,908



NEW CASES
7,531,138



FOLLOW UP
CASES
4,323,770



TOTAL
DELIVERIES
121,775



NVDS
114,769



C-SECTION
7,006



PPFP
34,538



ANC-I
214,352



HB<10
97,381



ANC-RV
735,279



OCPS
109,071



LARC
43,986



INJECTABLES
128,812



FP VISITS
329,385



TOTAL
ULTRASOUND
327,629



IMPLANTS
8,966



IUCDS
35,020



CONDOMS
43,523



TOTAL LABS
3,881,253



TB SUSPECTS
235,455

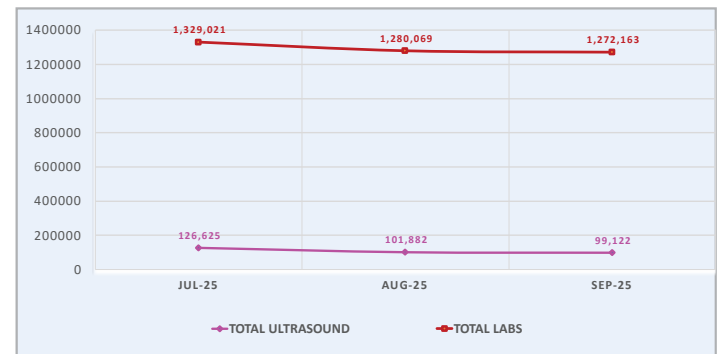
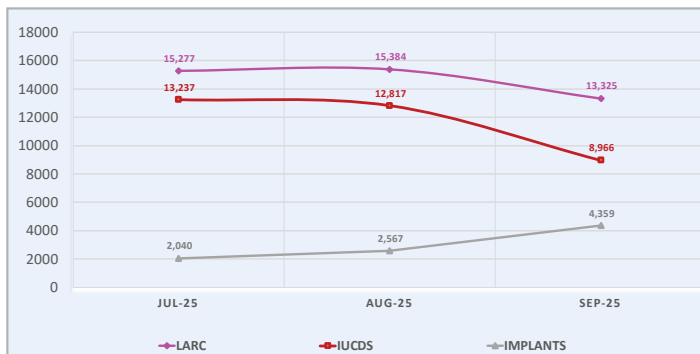
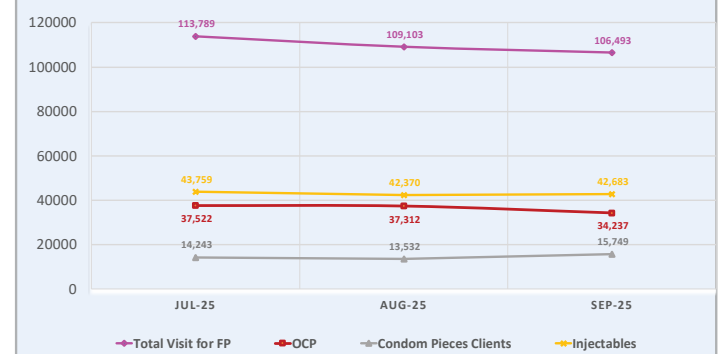
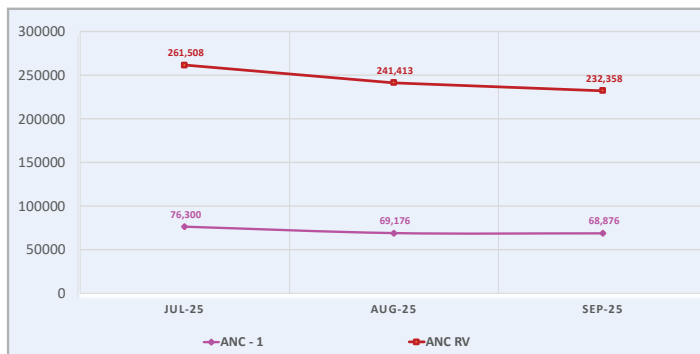
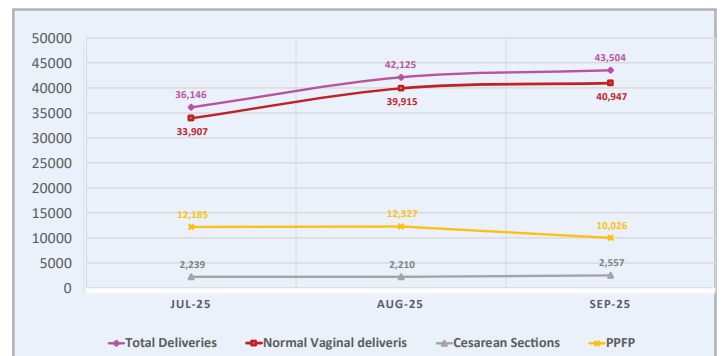
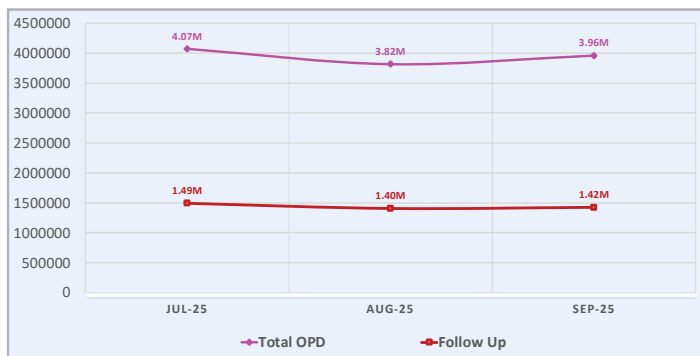


TB SLIDES
69,203



TB POSITIVE
CASES
2,435

QUARTER'S PROGRESS AT A GLANCE



LAB AND PATHOLOGY

TOTAL TEST PERFORMED BY DISTRICT LABS IN 1ST QUARTER 2025-26

Row Labels	Jul	Aug	Sep	Grand Total
DL Hyderabad (Main)	6,173	5,375	5,487	17,035
DL Jacobabad (Main)	6,544	6,638	6,391	19,573
DL Khairpur (Main)	29,352	25,649	24,112	79,113
DL Mirpur Khas (Main)	15,107	12,808	13,278	41,193
Grand Total	57,176	50,470	49,268	156,914

BEST PERFORMING LABORATORY COLLECTION POINTS

S#	District	Collection Point	S#	District	Collection Point
1	DL Mirpurkhas	CP Umerkot	5	DL Larkana	CP Larkana
2	DL Mirpurkhas	CP Digri	6	DL Mirpurkhas	CP Jhudo
3	DL Larkana	CP Jacobabad	7	DL Mirpurkhas	CP Umerkot City
4	DL Hyderabad	CP Hala	8	DL Mirpurkhas	CP Kunri

BLOOD BANKING SERVICES

01	Blood Provided to Thalassemia Patients in Mirpurkhas	106
02	No of Donor Cross Matched for Bleeding / blood transfusion	3730



QUARTERLY NUTRITION PROGRAM UPDATES

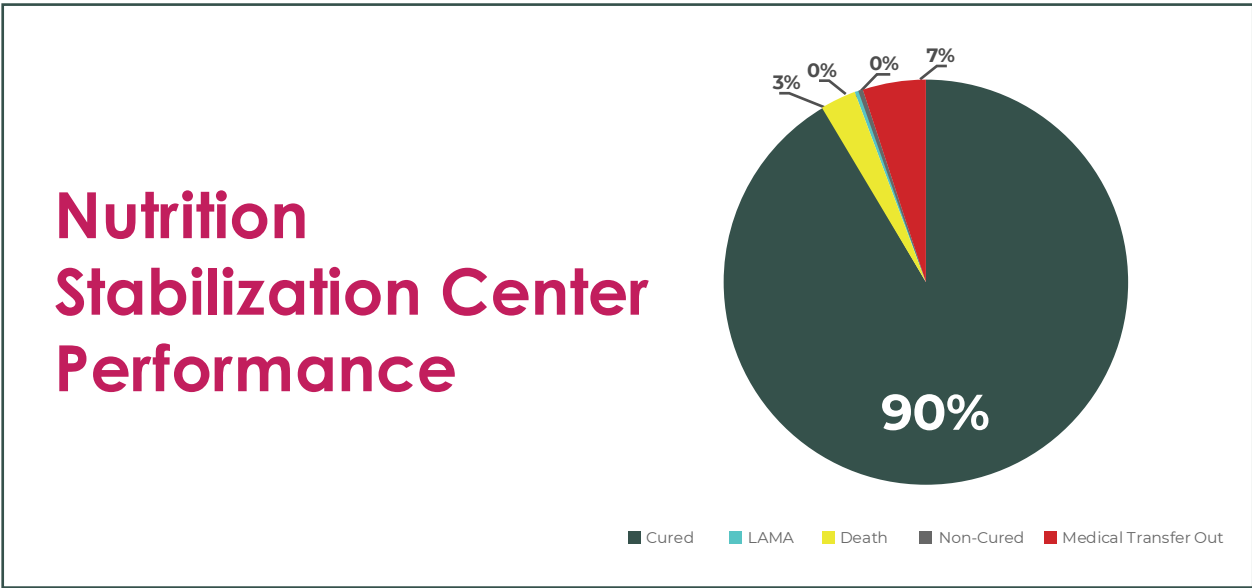
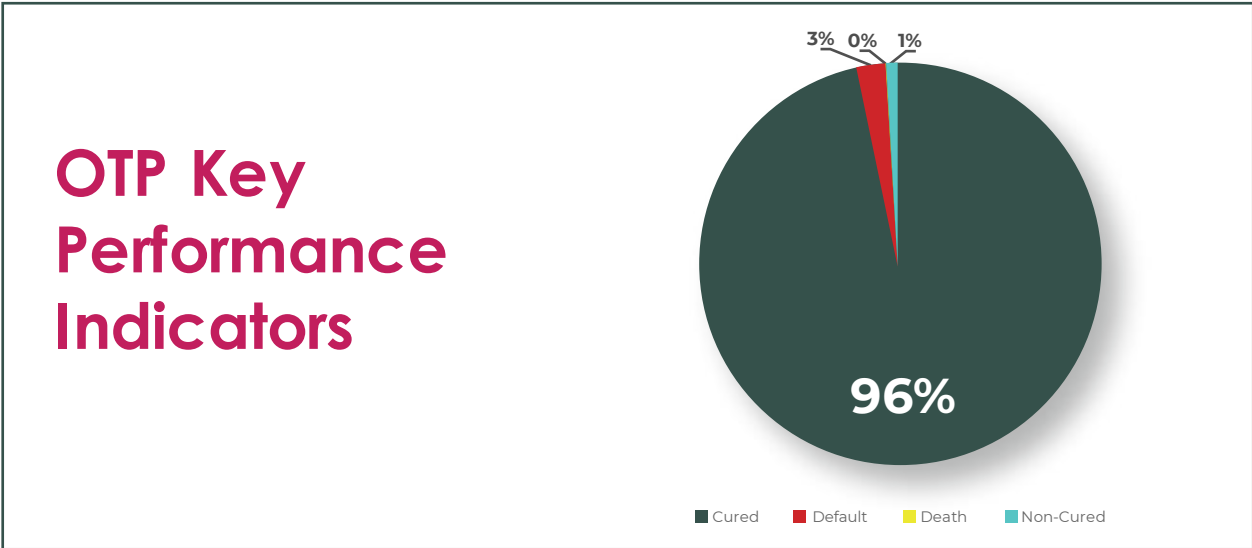
District wise number of under 5 years children Screened, SAM Admission, and Exits from OTP Program

Sr. No.	District	No. of 6 to 59 months children Screened	No. of SAM Children Admission	No. of Cured	No. of Default	No. of Deaths	No. of Non Cured	No. of Medical Transfer	No. of Transfer to Inpatient (NSC)	No. of Others
1	Badin A	49,163	2,130	2,149	12	-	3	3	86	21
2	Badin B	55,500	2,733	2,386	26	-	34	10	93	54
3	Dadu	63,943	3,427	2,760	100	-	31	10	126	6
4	Ghotki	59,828	2,841	2,514	8	-	3	35	419	21
5	Hyderabad	105,247	3,243	3,386	7	-	10	57	152	70
6	Jacobabad	80,001	2,576	1,798	67	1	3	61	41	38
7	Jamshoro	73,384	2,986	993	323	2	88	28	75	1,021
8	Kashmore	52,882	2,778	1,907	12	-	-	2	140	4
9	Khairpur A	59,920	2,707	2,400	11	-	3	40	134	28
10	Khairpur B	55,970	1,738	1,431	98	4	4	21	69	40
11	Larkana	70,936	2,512	2,132	89	-	4	11	119	20
12	Matiali	70,287	1,605	1,293	52	-	19	79	105	19
13	Mirpurkhas A	52,483	2,039	1,968	37	1	4	2	92	21
14	Mirpurkhas B	44,022	2,153	1,899	90	-	6	26	126	35
15	Naushero Feroz	84,499	2,937	2,565	20	-	21	30	190	45
16	Qambar Shahdadkot	74,039	2,726	2,131	113	-	-	4	122	3
17	Sanghar A	96,013	2,857	2,830	17	1	47	40	156	47
18	Sanghar B	53,560	1,764	1,504	17	1	12	81	83	46
19	Shaheed Benazirabad	68,730	3,082	2,477	71	2	4	117	167	56
20	Shikarpur	53,521	1,887	1,662	41	2	3	43	56	12
21	Sujawal	22,515	1,913	1,530	61	-	9	18	32	30
22	Sukkur	56,732	2,471	2,320	66	-	11	47	158	30
23	Tando Allahyar	54,877	1,698	1,486	97	-	8	21	70	77
24	Tando Muhammad Khan	37,683	1,980	1,495	137	1	35	18	92	111
25	Tharparkar	93,240	4,568	3,689	230	3	184	19	400	179
26	Thatta	34,272	2,351	1,904	66	1	17	12	52	18
27	Umerkot	62,671	2,302	2,314	46	-	14	31	155	65
28	Karachi II	42,312	2,217	2,739	97	1	33	38	45	61
	Total	1,728,230	70,221	59,662	2,011	20	610	904	3,555	2,178



District wise number of under 5 years children SAM with medical complication Admission, and exits from Nutrition Stabilization Center

Sr. No.	District	No. of Admission in NSC	No. of Cured	No. of LAMA	No. of Death	No. of Non Cured	No. of Transfer Out
1	Badin	153	122	8	5	-	17
2	Ghotki	248	231	7	-	-	8
3	Hyderabad	251	205	21	-	-	27
4	Jamshoro	314	305	-	-	-	16
5	Kashmore	96	85	6	-	-	7
6	Khairpur	213	191	-	-	-	18
7	Mirpurkhas	250	230	7	-	-	6
8	Nasuhehro Feroze	232	214	6	2	-	13
9	Sanghar	331	331	-	-	-	3
10	Shahed Benazirabad	153	125	3	-	-	25
11	Sukkur	183	150	4	-	-	25
12	Tharparkar	399	348	12	-	-	32
13	Umerkot	183	170	3	-	-	9
Total		3,006	2,707	77	7	-	206



Schemes	Total No. of Schemes	No. of schemes Progress	No. of Schemes Completed	No. of Schemes in Tender Process	Budget Allocation Rs.M	Release Expenditure Rs.M
(Carry Forwarded & Major)	45	30	2	13	644.100	62.491

BHU PIR JO GOTH DISTRICT THATTA



Before



After

GD SHAMBH JEHO DISTRICT LARKANA



Before



After



TRAINING AND CAPACITY BUILDING

Total Number of Trainings Conducted During the Quarter			
S.No.	Region	Total Trainings Conducted	Total Participants Trained
1	RO-1	14	320
2	RO-2	18	428
3	RO-3	9	300
4	RO-4	12	353
5	RO-5	09	268
6	RO-6	15	404
Total		77	2073

MONITORING

Monitoring Visits		
Staff Details	Designation	Visit Count
Regional Staff	● Regional Director	292
	● Regional Manager Monitoring & Evaluation	692
	● Public Health Specialist	304
	● Regional Manager MNCH	299
District Staff	● District Manager	3,113
	● Executive Monitoring & Evaluation	4,538
	● Medical Officer	2,410
	● MNCH Coordinator	2,362
	● Social Organizer	15,133
Grand Total		29,143

NEWS AND EVENTS



The Department of Health, Government of Sindh, has signed a Memorandum of Understanding (MoU) with PPHI Sindh and the Centre for Economic Research in Pakistan (CERP) to pilot AI-enabled handheld ultrasound devices at primary health-care facilities in underserved districts. Supported by the Gates Foundation, the initiative will deploy 20 devices across six districts, expanding access to life-saving diagnostic imaging for pregnant women in areas without conventional ultrasound services.



The Operation Theatre services were started at RHC Jhudo, with two successful C-sections performed on the very first day.



A high-level session on "Primary Health Care & Universal Health Coverage – Where We Stand", organized by Badar Expo Solutions, in collaboration with Dow University of Health Sciences and PNS Shifa Hospital, brought together leading health experts to discuss progress toward global health goals. Moderated by Dr. Zainab Hasan of the Sindh Healthcare Commission, the panel featured renowned professionals including Prof. Jawed Akram, Dr. Asif Imam, Dr. Somia Iqtadar, Mr. Jawed Ali Jagirani, and Dr. Khalid Shafi. The discussion focused on strengthening primary healthcare and expanding access to quality services in Pakistan.



PPHI Sindh conducted its monthly review meeting at the Head Office under the chairmanship of CEO, Mr. Javed Ali Jagirani. The meeting brought together senior management and key departmental leads to review progress, assess performance indicators, and discuss strategies to further strengthen health-care service delivery across Sindh.



PPHI Sindh actively participated in the Health Carnival 2025, held today at the Maritime Museum, Karachi. The event, organized by Jinnah Sindh Medical University (JSMU) in collaboration with Jinnah Postgraduate Medical Centre (JPMC), brought together leading healthcare institutions to highlight preventive health, awareness, and community well-being initiatives.



The Provincial Performance Review Meeting for the month of September 2025 was convened under the chair of the CEO PPHI Sindh, Mr. Javed Ali Jagirani at Marvi Garden Complex Hyderabad.

NEWS AND EVENTS - JAN TO MAR 2025



The Joint Performance Review Meeting (PRM) for the months of April and May 2025 of Regional Offices I and VI was held at Marvi Garden Complex, Hyderabad, under the chairmanship of Mr. Javed Ali Jagirani, CEO PPHI Sindh. The meeting saw active participation from DHS I & II, Regional Directors along with their core teams, District Managers, and District Technical Teams (DTTs).



PPHI Sindh conducted a one-hour training session on Basic Life Support (BLS), with a particular focus on Cardiopulmonary Resuscitation (CPR), at the Head Office level. The session included both theoretical discussions on the causes of cardiac arrest and practical, hands-on training in CPR techniques. All directors and Head of Wings actively participated, engaging in demonstrations and practicing the necessary skills for performing CPR effectively.



The CEO PPHI Sindh, accompanied by the COO, DHS I & II and Director HR, visited the Training of Trainers (TOT) session for Medical Officers on Clinical Guidelines for Universal Health Coverage (UHC), organized by Aga Khan University (AKU) at Indus Hotel, Hyderabad. The initiative aims to prepare master trainers who will cascade knowledge and ensure the implementation of standardized clinical protocols under UHC at District Tando Allahyar, in collaboration with AKU and PPHI Sindh.

EMPLOYEE(S) OF THE MONTH

P P H I S I N D H
EMPLOYEE OF THE MONTH
JULY 2025

MR. ISRAR AHMED SODHAR
Senior Manager
Head Office, Karachi

MR. MUHAMMAD YOUSUF
Assistant Manager
Head Office, Karachi

DR. VINOD KUMAR
MD
Head Office, Karachi

MR. GHULAM MURTAZA
MD
Head Office, Karachi

MR. KHANZADO GULZAR ALI
MD
Head Office, Karachi

MR. NISAR AHMED
Assistant Manager
Head Office, Karachi

MR. MURTAZA MALLAH
Assistant Manager
Head Office, Karachi

MR. SHAMOO LAL
Assistant Manager
Head Office, Karachi

P P H I S I N D H
EMPLOYEE OF THE MONTH
August 2025

MR. IMRAN CHANDIO
Senior Manager Administration
Head Office, Karachi

DR. AWAIS AHMED
MD
Head Office, Karachi

MR. MOHSIN KALHORO
District Manager
Nasirabad, Sindh

DR. MANSOOR ASAD
Medical Officer
BHU Fawar, Jor Ghor, Thatta, Sindh

MR. ASIF RAJPUT
Assistant Manager
Regional Office, Karachi

MR. NASRULLAH KHAN
District Manager
Regional Office, Karachi

MR. MASHOOQ ALI
District Manager
Regional Office, Karachi

P P H I S I N D H
EMPLOYEE OF THE MONTH
SEPTEMBER 2025

MR. AAMIR KHAN
Assistant Manager
Head Office, Karachi

MS. SANAM ABBASI
Assistant Manager
Head Office, Karachi

MR. MUHAMMAD YOUSIF
Assistant Manager
Head Office, Karachi

DR. SANOBIR SOOMRO
Senior Manager
Regional Office, Karachi

DR. SAFIULLAH BHUTTO
MD
Regional Office, Karachi

DR. NASREEN
MD
Regional Office, Karachi

MR. PREM KUMAR
MD
Regional Office, Karachi

MS. SHAHEENA
MD
Regional Office, Karachi

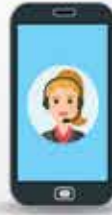
MR. MUHAMMAD UMAIR
MD
Regional Office, Karachi



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